



Allergen and Nutritional information

June 2025

Our allergen information will be kept up to date and should be checked each time you dine with us as we may update recipes. Our teams cannot recommend or tell you what is suitable for you to eat or drink.

Content

Allergen Information

Burgers, Vegan Burger, Chicken Pieces	Page 3
Wraps, Rice Bowl	Page 4
Sides	Page 5
Bites, Dip Pots, Condiments	Page 8
Drinks	Page 7
Treats & Limited Time Offer	Page 9
KWENCH-participating restaurants only	Page 10

Nutritional Information

Burgers, Vegan Burger, Chicken Pieces	Page 11
Wraps, Rice Bowls	Page 12
Sides, Dip Pots, Condiments	Page 13, 14
Drinks	Page 15 & 16
Treats & Limited Time Offer	Page 16
KWENCH-participating restaurants only	Page 17

KFC (UK&I) is committed to provide allergen information in store for all of its products of the 14 mandatory allergens (Cereals containing gluten, crustaceans, eggs, fish, peanuts, soya beans, milk, nuts, celery, mustard, sesame seeds, sulphur dioxide & sulphites, Lupin & Mollusc). Our teams regularly handle multiple food ingredients in our kitchens, our food and packaging may contact allergens during preparation, cooking and delivery. Delivery courier may deliver more than one order. We can't guarantee that any items are 100% allergen free including ingredients removed on request. Our allergen information will be kept up to date and should be checked each time you dine with us as we may update recipes. Our teams cannot recommend or tell you what is suitable for you to eat or drink. Orders placed on delivery platforms cannot be customised in any way. In restaurant, please ask our team member if you wish to customise a product. If products are customised in any way, please be aware this is for customer preference and we cannot guarantee they are 100% allergen free. The allergen and nutrition information will no longer be accurate. The information shows which menu items are suitable for vegetarians and vegans. These are made using vegetarian and vegan ingredients. However, our preparation and cooking methods could mean they may come into contact with non-vegetarian and non-vegan ingredients. Due to the handling of cheese, we cannot guarantee our products do not contain traces of milk including vegan food and where a request has been made to remove cheese from an order. For pre-packed products including dip pots, sachets, bottle drinks and canned drinks, please refer to the packaging for the latest information.

Fryers: Our fries & hash browns are cooked in the same vegetable oil as our popcorn chicken and bites, so they are not suitable for vegetarians. Toasters: All our buns are toasted in the same toaster. They all contain wheat gluten, and some contain sesame.

The nutritional information comes from averages of composite food samples. There may be some variation depending on ingredients used, supplier and season of the year. If products are customised in any way, please be aware that allergen and nutritional information will no longer be accurate. Sat. Fat = Saturates Fat, Carbs = Carbohydrates Salt Value is calculated from Sodium. All food calorie (kcal) and kJ figures are rounded to the nearest five. All drink calories (kcal) and kJ figures are rounded to the nearest one.

Chicken is our business, and we take their welfare seriously. That's why we're following Government guidelines and working with our free-range egg suppliers who are temporarily required to keep their chickens inside to protect them from avian flu. So products on our menu that use free-range eggs as an ingredient may contain barn eggs. You can find out more at freerangeinfo.com.

Allergen Information- Burgers, Vegan Burger, Chicken Pieces

The ● indicates that the allergen is contained and presented in this item.																					
The ○ indicates that the allergen is present due to cross contamination risk within factory or in stores																					
	Contain Cereals						Contain														Suitable For
Item	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
Burgers																					
Original Recipe Fillet Burger	●						○	●	●					●	○	●				X	X
Zinger Burger	●						○	●	○					●	○	●				X	X
Fillet Tower Burger	●						○	●	●					●	●	●				X	X
BBQ Fillet Tower Burger	●						○	●	●					●	○	●				X	X
Zinger Supercharger Tower Burger	●						○	●	●					●	○	●				X	X
Zinger Stacker	●						○	●	●					●	○					X	X
Mini Fillet Burger	●						○	●	●					●	○	●				X	X
Kids Burger	●						○	●	●					●	●					X	X
Chicken Fillet Roll (ROI Only)	●						○	●	●					○	○	●				X	X
Zinger Fillet Roll (ROI Only)	●						○	●	●					○	○	●				X	X
Vegan Burger																					
Vegan Burger	●								○					●		●				✓	✓
Chicken Pieces																					
Original Recipe Chicken on Bone	●						○	●	●					○	○					X	X
Popcorn Chicken (Regular, Large, Small)	●						○	○	○					○	●					X	X
Hot Wing	●						○	○	○					○	○					X	X
Mini Fillet	●						○	●	●					○	○					X	X

Allergen Information- Wraps, Rice Box & Salad

The ● indicates that the allergen is contained and presented in this item.																					
The ○ indicates that the allergen is present due to cross contamination risk within factory or in stores																					
	Contain Cereals						Contain														Suitable For
Item	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
Twisters & Wraps																					
Kentucky Mayo Twister	●						○	●	●					○	○	●				X	X
Sweet Chilli Twister	●						○	●	●					○	○	○				X	X
Smokey BBQ Twister	●						○	●	●					○	○	○				X	X
Supercharger Twister	●						○	●	●					○	○	○				X	X
Flamin' Mini Wrap	●						○	●	●					○	○	○				X	X
BBQ Mini Wrap	●						○	●	●					○	○	○				X	X
Rice Bowl																					
Original Ranch Rice Bowl	●						○	●	●					○	○					X	X
Zinger Ranch Rice Bowl	●						○	●	●					○	○					X	X
Veggie Ranch Rice Bowl	○						○	○	○					○	○					✓	✓

Allergen Information- Sides, Bites

The ● indicates that the allergen is contained and presented in this item.																					
The ○ indicates that the allergen is present due to cross contamination risk within factory or in stores																					
	Contain Cereals						Contain														Suitable For
Item	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
Sides																					
Fries (Regular & Large)	○						○	○	○						○					X	X
Signature Fries (Regular & Large)	○						○	○	○						○					X	X
Hashbrown (per piece average)	○						○	○	○					○	○					X	X
Cheese Slice (per slice average)	○						○	○	●					○	○					✓	X
BBQ (Beans Regular & Large)	●	●													●	●				✓	✓
Coleslaw (Regular & Large)								●												✓	X
Corn Cobette Regular & Large)																				✓	✓
Gravy (Regular & Large)	●	●	●	●			○	●	●						●					X	X
Creamy Mash (Regular & Large)									●											✓	X
Cajun Dirty Rice	○						○	○	○					○	○					✓	✓
Side Salad	○						○	○	○					○	○					✓	✓

Allergen Information-Bites, Dip Pots & Condiments

The ● indicates that the allergen is contained and presented in this item.																					
The ○ indicates that the allergen is present due to cross contamination risk within factory or in stores																					
	Contain Cereals						Contain														Suitable For
Item	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
Bites																					
Kansas BBQ Dipped Bites	●						●	○	●					○	○					X	X
Sweet Chilli Dipped Bites	●						●	○	●					○	○					X	X
Dip Pots & Condiments																					
Real Tomato Sauce Dip Pot																				✓	✓
Garlic Buttermilk Dip Pot								●	●											✓	X
Kentucky Smokey BBQ Sauce Dip Pot		●																		✓	✓
Sticky Sweet Chilli Sauce Dip Pot																				✓	X
Supercharger Dip Pot								●	●											✓	X
Heinz Tomato Ketchup Sachet															●					✓	✓
Heniz Light Mayonnaise Sachet								●								●				✓	X
Sugar Sachet																				✓	✓
Salt Sachet																				✓	✓
Pepper Sachet																				✓	✓
Milk Portion									●											✓	X

Allergen Information-Drinks

The ● indicates that the allergen is contained and presented in this item.																					
The ○ indicates that the allergen is present due to cross contamination risk within factory or in stores																					
	Contain Cereals						Contain														Suitable For
Item	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
Drinks																					
Bottle of Water (Still)																				✓	✓
Robinsons Fruit Shoot Blackcurrant & Apple (In bottle)																				✓	✓
Robinsons Fruit Shoot Orange (In bottle)																				✓	✓
Pepsi (ROI only)																				✓	✓
Pepsi Max																				✓	✓
Diet Pepsi																				✓	X
Pepsi Max Cherry																				✓	✓
7Up Free																				✓	✓
Robinsons Apple & Blackcurrant													●							✓	✓
Tango Orange Sugar Free																				✓	✓
Lipton Ice Tea																				✓	✓
Southern Refresher Watermelon & Lime																				✓	✓
Club Orange (Northern Ireland and ROI only)													●							✓	✓
Club Orange Zero (Northern Ireland and ROI only)																				✓	✓
1.25L Pepsi Bottle (ROI only)																				✓	✓

Allergen Information-Drinks

The ● indicates that the allergen is contained and presented in this item.																					
The ○ indicates that the allergen is present due to cross contamination risk within factory or in stores																					
Item	Contain Cereals						Contain														Suitable For
	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
Drinks																					
1.25L Pepsi Max Bottle																				✓	✓
1.25L Diet Pepsi Bottle																				✓	X
1.25L 7Up Free Bottle																				✓	✓
1.25L Tango Orange Bottle																				✓	✓
1.25L Club Orange Bottle (Northern Ireland and ROI only)													●							✓	✓
Espresso									○											✓	✓
Black Americano									○											✓	✓
White Americano									●											✓	X
Cappuccino									●											✓	X
Latte									●											✓	X
Café Mocha									●											✓	X
Hot Chocolate									●											✓	X
Black Tea																				✓	✓
Aero Peppermint Krushem Shake	○	○			○	○	○		●											✓	X
Oreo Krushems Shake	●	○			○	○	●		●											✓	X
Aero Krushem Shake	○	○			○	○	●		●											✓	X
MilkyBar Krushems Shake	○	○			○	○	○		●											✓	X

Allergen Information- Treats & Limited Time Offer

The ● indicates that the allergen is contained and presented in this item.																						
The ○ indicates that the allergen is present due to cross contamination risk within factory or in stores																						
	Contain Cereals						Contain														Suitable For	
Item	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan	
Treats																						
Mini Chocolate Sundae							○		●											✓	X	
Milkybar Sundae							●		●											✓	X	
Aero Peppermint Sundae	○	○					○		●											✓	X	
Aero Sundae	○	○					○		●											✓	X	
Oreo Sundae	●						●		●											✓	X	
Milk Chocolate Cookie	●						●	●	●											✓	X	
White Chocolate Cookie	●						●	●	●											✓	X	
Pineapple Stick																				✓	✓	
Yoyo Bear Strawberry																				✓	✓	
Limited Time Offer																						
Kentucky Original Wrap	●						○	●	●					○	○	●				X	X	
Raspberry Ripple Sundae	○	○					○		●											✓	X	
Raspberry Ripple Krushem	○	○					○		●											✓	X	
Meltdown Burger (Participating restaurants only)	●						○	●	●					○	○					X	X	

Cheese Sauce (Participating restaurants only)									●											✓	X
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Participating restaurants only:

Allergen Information- KWENCH

The ● indicates that the allergen is contained and presented in this item.																					
The ○ indicates that the allergen is present due to cross contamination risk within factory or in stores																					
	Contain Cereals						Contain														Suitable For
Item	Wheat	Barley	Oat	Rye	Spelt	Kamut	Soya	Egg	Milk	Fish	Crustaceans	Mollusc	Sulphites	Sesame	Celery	Mustard	Lupin	Peanut	Nuts	Vegetarian	Vegan
KWENCH																					
Iced Latte									●											✓	X
Iced Mocha Koffee Krunch							○	○	●											✓	X
Iced Caramel Koffee Krunch	●						○	○	●											✓	X
Oatley Iced Latte			●						○											✓	X
Oatley Iced Mocha Koffee Krunch	●		●				○	○	○											✓	X
Oatley Iced Caramel Koffee Krunch	●		●				○	○	●											✓	X
Caramel Krunch Shake	●						○	○	●											✓	X
Chocolate Krunch Shake	●						○	○	●											✓	X
Coconut Mango Shake									●											✓	X
Cherry Poppin' Refresher							○	○	○				●							✓	✓
Watermelon Poppin' Refresher							○	○	○				●							✓	✓
Sparkling Raspberry Lemonade							○	○	○				●							✓	✓
									○				●							✓	X

Hot Honey Mango Lemonade/ Spicy Mango Lemonade

Nutritional Information

Burger								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Fillet Burger	1940	462	19.0	2.2	43.0	6.5	28.0	2.20
Zinger Burger	1854	442	20.0	2.2	41.0	6.5	23.0	2.00
Fillet Tower Burger	2592	619	28.0	4.6	56.0	11.0	33.0	3.30
BBQ Fillet Tower Burger	2592	619	28.0	4.6	56.0	11.0	33.0	3.30
Zinger Supercharger Tower Burger	2803	671	37.0	5.0	55.0	8.7	27.0	3.00
Zinger Stacker	3476	831	43.0	8.1	62.0	12.0	47.0	3.70
Mini Fillet Burger	1164	277	10.0	1.1	28.0	2.6	18.0	1.40
Kids Mini Fillet Burger	1087	258	7.0	0.9	30.0	4.8	18.0	1.40
Original Recipe Chicken Fillet Roll (ROI only)	2793	665	25.0	5.2	78.0	7.5	29.0	3.20
Zinger Fillet Roll (ROI only)	3146	751	36.0	6.0	81.0	9.0	23.0	3.30
Vegan Burger								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Vegan Burger	1659	396	17.0	1.4	41.0	7.7	15.0	2.50
Original Recipe Chicken								
Original Recipe Chicken-Keel	921	220	11.0	1.9	6.8	0.5	23.0	0.94
Original Recipe Chicken- Drumstick	750	179	10.0	1.5	8.0	0.5	14.0	0.74
Original Recipe Chicken- Thigh	1116	268	17.0	3.4	8.2	0.2	20.0	1.00
Original Recipe Chicken-Rib	1296	310	15.0	2.5	11.0	0.5	32.0	1.31
Original Recipe Chicken- Wing	762	182	10.0	1.7	6.7	0.5	16.0	0.67
Chicken Piece								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Small Popcorn Chicken	592	142	8.3	0.8	8.3	<0.5	8.3	0.64
Regular Popcorn Chicken	1283	307	18.0	1.8	18.0	0.5	18.0	1.30
Large Popcorn Chicken	1996	478	28.0	2.8	28.0	0.6	28.0	2.20
Hot Wing (per piece, average)	380	91	6.2	0.9	3.8	<0.5	4.9	0.35
Mini Fillet (per piece, average)	522	124	5.4	0.6	5.8	0.5	13.0	0.87
Sweet Chilli Dipped Bites	1570	375	14.8	1.6	40.1	22.8	20.8	1.60
Kansas BBQ Dipped Bites	1445	345	14.4	1.6	33.7	15.2	20.9	1.70

Twisters & Wraps								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Kentucky Mayo Twister	2189	523	24.0	4.0	46	5	29.0	2.6
Sweet Chilli Twister	2086	497	18.0	4.4	53	11	29.0	2.4
Smokey BBQ Twister	2014	479	17.0	4.4	51	9	29.0	2.6
Supercharger Twister	2263	541	26.0	5.1	46	6	29.0	2.6
Flamin' Mini Wrap	1401	335	16.0	2.6	29	3	18.0	1.1
BBQ Mini Wrap	1250	298	11.0	2.2	31	5	18.0	1.1
Rice Bowls								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Original Ranch Rice Bowl	2298	547	19.0	2.5	63	8	28.0	2.8
Zinger Ranch Rice Bowl	2315	551	21.0	2.4	65	8	23.0	2.6
Veggie Ranch Rice Bowl	1573	374	9.1	1.3	62	10	7.6	1.2

Sides								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Regular Fries	1096	261	9.8	0.8	38.0	<0.5	3.1	0.74
Large Fries	1539	367	14.0	1.1	53.0	<0.5	4.3	1.00
Signature Fries- Regular	1096	261	9.8	0.8	38.0	0.5	3.1	0.74
Signature Fries- Large	1559	372	14.0	1.1	54.0	0.5	4.4	1.00
Hashbrown (per piece average)	381	92	5.5	0.2	8.8	0.7	0.9	0.55
Cheese Slice (per slice average)	169	41	3.3	2.1	<0.5	<0.5	2.3	0.17
Regular BBQ Beans	392	93	0.6	0.1	15.0	5.9	4.7	0.63
Large BBQ Beans	841	199	1.4	0.2	32.0	13.0	10.0	1.40
Regular Coleslaw	619	150	13.0	1.0	6.1	5.3	1.1	0.57
Large Coleslaw	1235	299	26.0	2.0	12.0	11.0	2.2	1.10
Corn Cobette	240	57	1.3	0.2	8.1	1.9	2.2	0.01
2 Corn Cobettes (Large)	481	115	2.7	0.4	16.0	3.8	4.4	0.01
Regular Gravy	306	73	3.5	0.3	8.4	0.5	1.7	1.20
Large Gravy	696	166	8.0	0.8	19.0	0.8	3.9	2.80
Regular Creamy Mash	523	124	3.4	2.1	20.0	1.0	2.4	0.88
Large Creamy Mash	1045	248	6.8	4.3	40.0	2.0	4.8	1.80
Cajun Dirty Rice	917	217	2.6	0.5	43.0	2.4	3.8	0.66
Side Salad	232	56	3.6	0.3	4.7	2.1	0.8	0.20

Dip Pots & Condiments								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Real Tomato sauce dip pot	161	38.0	0.5	0.1	8.5	7.1	0.50	0.4
Garlic Buttermilk Mayo dip pot	484	117.0	11.0	0.9	4.2	2.5	<0.5	0.4
Smokey BBQ sauce dip pot	220	52.0	0.5	0.1	12.0	9.8	0.50	0.3
Sticky Sweet Chilli sauce dip pot	320	75.0	0.7	0.2	17.0	14.0	0.50	0.4
Spicy Supercharger dip pot	581	141.0	14.0	1.1	3.3	2.4	0.50	0.4
Heinz Tomato Ketchup sachet	42	10	0.5	0.1	2.3	2.3	0.5	0.18
Heinz Light Mayonnaise sachet	115	28	2.7	0.2	0.8	0.5	0.5	0.18
Sugar sachet	45	10	0.0	0.0	2.5	2.5	0.0	0.00
Salt sachet	0	0	0.0	0.0	0.0	0.0	0.0	0.69
Pepper sachet	5	1	0.0	0.0	0.1	0.0	0.0	0.00
Milk portion	33	8	<0.5	0.3	0.6	0.6	<0.5	<0.01

Drinks								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Bottle of Water (Still)	0	0	0.5	0.1	0.5	0.5	0.5	0.01
Robinsons Fruit Shoot Blackcurrant & Apple (In Bottle)	35	8	0.5	0.1	1.6	1.4	0.5	0.06
Robinsons Fruit Shoot Orange (In Bottle)	41	10	0.5	0.1	2.4	2.4	0.5	0.06
Pepsi Regular (ROI only)	561	132	0.0	0.0	33.0	31.8	0.0	0.0
Pepsi Large (ROI only)	782	184	0.0	0.0	46.0	46.0	0.0	0.0
Pepsi Max Regular	8	2	0.0	0.0	0.0	0.0	0.0	0.18
Pepsi Max Large	10	2	0.0	0.0	0.0	0.0	0.0	0.21
Pepsi Max Cherry - Regular	10	2	0.0	0.0	0.5	0.0	0.5	0.09
Pepsi Max Cherry - Large	14	3	0.0	0.0	0.5	0.0	0.5	0.13
7Up Free - Regular	27	6	0.0	0.0	0.0	0.0	0.0	0.27
7Up Free- Large	38	9	0.0	0.0	0.0	0.0	0.0	0.38
Robinsons Apple & Blackcurrant- Regular	20	5	0.5	0.1	0.5	0.5	0.5	0.02
Robinsons Apple & Blackcurrant- Large	27	6	0.5	0.1	0.5	0.5	0.5	0.01
Southern Refresher (Watermelon & Lime)- Regular	41	10	0.0	0.0	2.1	1.5	0.5	0.03
Southern Refresher (Watermelon & Lime)- Large	56	13	0.0	0.0	2.9	2.1	0.5	0.04
Tango Orange Sugar Free - Regular	16	4	0.0	0.0	0.0	0.0	0.0	0.03
Tango Orange Sugar Free- Large	22	5	0.0	0.0	0.0	0.0	0.0	0.46
Club Orange - Regular (ROI only)	683	161	0.0	0.0	39	39	0.0	0.06
Club Orange - Large (ROI only)	962	226	0.0	0.0	55	55	0.0	0.08
Club Orange Zero - Regular (ROI only)	39	9	0.0	0.0	0.0	0.0	0.0	0.09
Club Orange Zero - Large (ROI only)	55	13	0.0	0.0	0.0	0.0	0.0	0.13
Lipton Ice Tea - Regular	242	57	0.0	0.0	14.0	14.0	0.0	0.90
Lipton Ice Tea - Large	328	77	0.0	0.0	19.0	19.0	0.0	0.13
Diet Pepsi - Regular	8	2	0.0	0.0	0.0	0.0	0.0	0.18
Diet Pepsi - Large	10	2	0.0	0.0	0.0	0.0	0.0	0.25
Pepsi Max Bottle per 250ml	7	2	0.0	0.0	0.0	0.0	0.0	0.00
Diet Pepsi Bottle per 250ml	7	2	0.0	0.0	0.0	0.0	0.0	0.13
Tango Bottle per 250ml	207	49	0.0	0.0	11.0	11.0	0.0	0.15
7up Free Bottle per 250ml	20	5	0.0	0.0	0.0	0.0	0.0	0.10
Pepsi Bottle (ROI only) per 250ml	204	48	0.0	0.0	12.0	12.0	0.0	0.00
Club Orange (ROI only) per 250ml	169	40	0.0	0.0	9.3	9.3	0.0	0.80
Espresso - Single	61	15	0.5	0.2	1.7	0.5	0.5	0.01
Espresso - Double	93	22	0.5	0.2	2.7	0.5	0.6	0.01

Drinks								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Black Americano - Regular	98	23	0.6	0.3	2.8	0.5	0.6	0.01
White Americano - Regular	388	92	3.0	1.5	9.5	6.8	5.7	0.15
Cappuccino - Regular	405	97	3.1	1.8	9.9	7.1	6.1	0.15
Latte - Regular	671	160	5.2	3.1	16.0	13.0	11.0	0.31
Café Mocha - Regular	584	139	4.7	2.5	14.0	12.0	9.1	0.25
Hot Chocolate - Regular	112	27	0.9	0.4	2.6	2.6	2.0	0.04
Black Tea - Regular	0	0	0.5	0.1	0.5	0.5	0.5	0.01
Oreo Krushems Shake	1145	272	10.0	5.4	41.0	31.0	4.1	0.44
MilkyBar Krushems Shake	1359	324	14.0	8.5	43.0	40.0	6.4	0.32
Aero Peppermint Krushems Shake	1174	280	11.0	6.7	41.0	34.0	3.9	0.23
Aero Krushem Shake	1165	280	10.9	6.7	40.7	34.4	420	0.25
Treat								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Mini Chocolate Sundae	580	138	5.3	3.4	20.0	16.0	2.5	0.20
Milkybar Sundae	1242	296	13.0	8.4	39.0	34.0	5.7	0.31
Oreo Sundae	1024	244	9.2	5.3	36.0	27.0	3.9	0.36
Aero Peppermint Sundae	1089	259	10.0	6.6	38.0	32.0	4.1	0.26
Aero Sundae	1090	260	10.4	6.7	37.4	31.5	4.2	0.26
Milk Chocolate Cookie	1318	315	15.0	7.9	41.0	24.0	3.1	0.50
White Chocolate Cookie	1186	283	14.0	5.9	36.0	21.0	2.7	0.36
Pineapple Stick	190	45	0.4	0.1	10.4	8.8	0.4	0.01
Yoyo Bear Strawberry	243	58	<0.5	<0.1	13.0	8.4	2.0	<0.01
Limited Time Offer								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Kentucky Original Wrap	2110	505	23.9	2.92	44.8	3.4	28.5	2.5
Raspberry Ripple Sundae	1160	276	12.0	7.8	37.0	33.0	5.0	0.29
Raspberry Ripple Krushem	1099	262	11.0	7.2	36.0	31.0	4.6	0.26
Meltdown Burger (Participating restaurants only)	2620	624	23.0	5.4	67.0	12.0	35.0	4.1
Cheese Sauce (Participating restaurants only)	388	93	5.5	3.5	7.4	3.5	3.4	1.2

Participating restaurants only:

KWENCH								
Item	kJ	kcal	Fat (g)	Sat. Fat (g)	Carbs (g)	Sugars (g)	Protein (g)	Salt (g)
Iced Latte	427	102	3.1	2.0	10.2	10.2	7.8	0.16
Iced Mocha Koffee Krunch	946	226	4.1	2.5	39.8	32.5	8.1	0.32
Iced Caramel Koffee Krunch	946	226	4.5	2.8	38.9	31.6	7.8	0.41
Oatley Iced Latte	510	122	5.5	0.5	15.3	5.1	2.8	0.20
Oatley Iced Mocha Koffee Krunch	1042	249	6.3	1.0	43.8	30.3	3.5	0.36
Oatley Iced Caramel Koffee Krunch	983	235	6.3	0.8	42.0	29.8	3.1	0.41
Caramel Krunch Shake	2443	584	17.5	10.2	98.3	81.8	8.3	1.32
Chocolate Krunch Shake	2418	578	17.8	10.3	95.7	78.5	9.3	1.19
Coconut Mango Shake	2121	507	13.5	8.3	89.1	75.6	6.9	0.98
Cherry Poppin' Refresher	430	100	0.5	0.2	24.3	24.3	0.1	0.23
Watermelon Poppin' Refresher	347	83	0.5	0.2	19.1	18.1	0.6	0.36
Sparkling Raspberry Lemonade	368	88	1.0	0.4	20.1	16.2	0.5	0.29
Hot Honey Mango Lemonade/ Spicy Mango Lemonade	427	102	0.5	0.0	25.4	23.1	0.5	0.23